

PARTNERS

The ReStory project is made up of 8 partners from various countries.

- The University of the Peloponnes
- IASIS NGO
- The organisation "Social Cooperative Activities for Vulnerable Groups – EDRA" (K.S.D.E.O. "EDRA")
- The Regional Institute for Professional and Social Integration (IRIPS)
- The Associação para a Educação e Valorização da Região de Aveiro (AEVA)
- Center for Social Innovation (CSI)
- ALL DIGITAL AISBL
- La Bien Pagá Espacio Escénico (LBP)



TO FIND OUT MORE ABOUT THE PROJECT

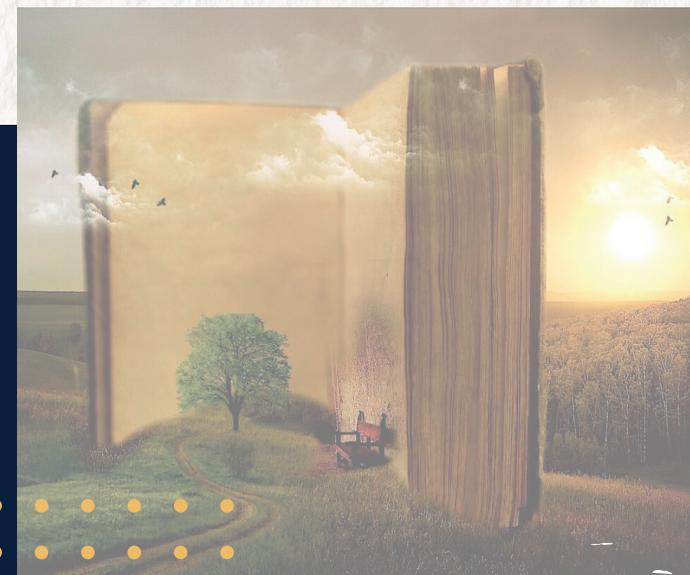
PROJECT WEBSITE
restorytocare.eu

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ReStory - Rewrite your story

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CONTEXT

The ReStory project aims to improve the care-givers skills in their daily routine with elderly people to help them regain an active role in the society. During the project life time, 140 care-givers will take part in the program. By participating to the project's curriculum piloting phase, the involved care-givers will have the opportunity to use a handy tool that will help them assist their beneficiaries (end users of the project), seniors, and to create their own stories and recreate them by working together through the techniques of artistic means.

Finally, Elderly people will be able again to be fully involved to the society life and will enhance their emotional and social skills and therefore will have the opportunity to overcome the barrier of age and the difficulty of feeling unnecessary and of handling responsibilities. These will lead the elderly people to improve their self-esteem, sense of community and feeling of active citizenship.

OBJECTIVES

- * To arm the care-givers with a handy tool which improves, updates and boosts the quality of their services, broadens their knowledge and skills, and helps them be more confident for project making in their future career.
- * To develop an educational material for the care-givers in order to give to the elderly people they work with the opportunity to overcome the barrier of age and the difficulty of feeling unnecessary and handling responsibilities.
- * To provide seniors with the opportunity to take over high-responsibility positions by being part of a working team, that will help them regain the feeling of being part of social activities.

PROJECT TARGET GROUP



Care-givers working with seniors (professionals)



Institutions and services working with seniors (VET organizations, counsellors, etc.)



Communities

PROJECT EXPECTED RESULTS

- * Focus Groups' methodology guide for identifying needs, artistic potential and preferences
- * Curriculum for care-givers working with storytelling techniques
- * Toolbox that will contain the educational exercises
- * Handbook that will contain the methodology of the techniques
- * IT open platform with the methodology, the toolbox and all the IT & cultural products
- * Recommendations for policy makers and training providers

